

TOP 10 LITTLE OR NO COST ENERGY EFFICIENCY TIPS



- 10 Draw the curtains at dusk. Make sure curtains don't cover radiators and don't put furniture in front of radiators and heaters.
- 9 Keep the refrigerator stocked; it takes more energy to cool an empty fridge.
- 8 Fix dripping hot taps promptly. By leaving a hot tap dripping you could be wasting €s per year.
- 7 Use the shower instead of a bath. A shower typically uses only uses 20% of the hot water that a bath uses.
- 6 Use a microwave instead of the oven. Microwaves heat food directly by exciting water and fat molecules in the food, which means they don't waste energy heating air and metal, and they don't generate surplus heat and steam to expel of.
- 5 Turn televisions and videos OFF rather than leaving them on STANDBY. A television could use up to €15 a year of electricity just by being left on STANDBY. The same applies to certain types of CD players, stereo's, video players etc.
- 4 When you replace a home appliance, look for an energy label on any new purchase. An energy efficient appliance could save you the cost difference over its lifetime.
- 3 Use motion sensors for outdoor lighting. You'll still have security and save money
- 2 Replace incandescent light bulbs in common areas (where lights are on most of the time) with compact fluorescent lamps. They use about a quarter of the energy.
- 1 Adjust your room thermostat by 1⁰C and it could save you 10% on your fuel bill. But don't skimp on heat if you are elderly or have young in the house.



Mayo Energy Agency,
Arran place,
Ballina,
Co. Mayo

Tel: (096) 76113, Fax: (096) 76199
Email mayoenergy@eircom.net
Web: mayoenergy.ie